

# Questions to Ask Your Plastic Surgeon



FRIEDMAN CENTER  
FOR BREAST AND LYMPHATIC SURGERY

There are so many breast reconstruction procedures that choosing one can feel overwhelming! In addition to the general information provided on this site, you'll need to know which procedures may be a good fit for your individual circumstances and personal preferences.

This list of questions is an excellent starting point during your initial consultation at the Friedman Center. Ask these questions as you and your doctor discuss which kind of reconstruction may be right for you.

- Am I eligible for breast reconstruction?
- Will my treatment plan for breast cancer affect my options for breast reconstruction?
- What kind of procedures might work for me?
- Will I be able to keep my nipples or have nipples reconstructed if I want them?
- What type of breast implants would you recommend for me?
- What additional procedures (fat grafting, medical tattooing) should I consider?
- How can you help me if I decide to go flat (have no reconstruction)?
- Are you able to revise or correct my previous reconstruction?
  
- What would my timeline be for breast reconstruction?
- What are the risks of the breast reconstruction procedure I'm considering?
- Can my breast reconstruction happen at the same time as my mastectomy or lumpectomy?
- Will I need more than one surgery?
- Where will my incisions be, and do I have options for scar placement?
  
- What should my expectations be about the outcome of surgery?
- What's the recovery process like?
- Will I regain full mobility?
- What can I do to ensure the best possible outcome from my surgery?
- How will I know if I am having complications from a breast implant?